

| Pla | Zeit | Ver | Nr1 | Na1 | Z1 | Nr2 | Na2 | Z2 |
|--------------------------------|-------------|--------------------|------------|-----------------------|-----------|------------|--------------------|-----------|
| 2 km Mannschaften - A/B | | | | | | | | |
| 1 | 00.37.17.1 | Gymnasium Nordhorn | 888 | Smemann, Christian | 0:06:37 | 900 | Wilbers, Lucas | 0:06:40 |
| 2 | 00.38.26.2 | LC Nordhorn | 824 | Scheider, Christopher | 0:06:37 | 821 | Stapperfend, Simon | 0:07:02 |
| 3 | 00.39.16.6 | SV Vorwärts NOH C3 | 829 | Bonke, Janek | 0:07:21 | 830 | Möller, Jens | 0:07:35 |
| 4 | 00.44.18.5 | Gymnasium Nordhorn | 839 | Alferink, Laura | 0:08:29 | 852 | Focke, Viola | 0:08:49 |
| 5 | 00.45.18.9 | LC Nordhorn | 819 | Kohoff, Katharina | 0:08:49 | 835 | Baumann, Simon | 0:08:49 |
| 6 | 00.47.42.9 | Vechtetalschule | 802 | Büscher, Patrick | 0:08:14 | 809 | Kuhl, Maik | 0:08:49 |
| 7 | 00.49.04.6 | Gymnasium Nordhorn | 841 | Wintels, Sina | 0:09:19 | 816 | Sillies, Maik | 0:09:27 |

| Nr3 | Na3 | Z3 | Nr4 | Na4 | Z4 | Nr5 | Na5 | Z5 |
|------------|-------------------|-----------|------------|------------------|-----------|------------|-----------------------|-----------|
| 857 | Bült, Marvin | 0:07:49 | 834 | Röttgers, Tina | 0:08:04 | 827 | Große Lögten, Karina | 0:08:07 |
| 837 | Schröder, Florian | 0:07:46 | 836 | Klug, Simon | 0:08:13 | 855 | Langenhoff, Johanna | 0:08:48 |
| 832 | Dove, Niklas | 0:07:46 | 831 | Schrader, Niklas | 0:08:11 | 833 | Aasmann, Tobias | 0:08:23 |
| 851 | Backers, Jannik | 0:08:51 | 848 | Pels, Felix | 0:08:55 | 858 | Rademaker, Friederike | 0:09:14 |
| 820 | Haas, Nadine | 0:09:03 | 825 | Pels, Katrin | 0:09:17 | 822 | Völlink, Ina | 0:09:20 |
| 804 | Robbert, Sadri | 0:09:44 | 806 | Rösner, Delia | 0:09:55 | 801 | Venekamp, Vanessa | 0:11:00 |
| 845 | Richter, Lennart | 0:09:30 | 847 | Lenz, Thore | 0:09:56 | 856 | Dittmann, Julia | 0:10:52 |