

## Einzelwertung 5 km 10.09.2005

Platz	Vorname	Nachname	Jhg.	Verein	Klasse	AK	Zeit
1	Daniel	Gruber	89	SV Concordia Emsbüren	MJB	1	00:16:50
2	Michael	Brüning	69	LG Rheine Elte	M35	1	00:16:58
3	Christoph	Domnick	85	LC Nordhorn	M20	1	00:17:21
4	Birger	Wiekling	77	Fitness Point Schüttorf	M20	2	00:18:21
5	Stefan	Temme	79	Brandlecht III	M20	3	00:18:27
6	Timm	Creemer	82	SpVgg Brandlecht Hestrup	M20	4	00:18:29
7	Harald	Grimme	64	Urenco Gronau	M40	1	00:18:51
8	Sinus	Hoppen	88	CVJM-Veldhausen	MJB	2	00:18:56
9	Patrick	Foppe	85	LC Nordhorn	M20	5	00:19:04
10	Simon	Schönrock	84	Fitness Point Schüttorf	M20	6	00:19:11
11	Martin	Schwaag	60	Urenco Gronau	M45	1	00:19:15
12	Alois	Robert	52	Urenco Gronau	M50	1	00:19:16
13	Gunna	Wiekling	84	Fitness Point Schüttorf	M20	7	00:19:24
14	Heinrich	Wilmink	55	Vorwärts Nordhorn	M50	2	00:19:45
15	Rene	Kleinschmidt	89		MJB	3	00:19:46
16	Volker	Niehaus	83	Fitness Point Schüttorf	M20	8	00:19:48
17	Marten	Steenhuisen	67	Action Enschede	M35	2	00:19:58
18	Holger	Gottkewr	70	Brandlecht III	M35	3	00:20:09
19	Peter	Hemme	89	The unbelievable runners	MJB	4	00:20:19
20	Mike	Heemans	88	AK05 Wietmarschen	MJB	5	00:20:26
21	Roberto	Concalves	85	A-Team	M20	9	00:20:34
22	Jörg	Vischer	85	SV Veldhausen 07	M20	10	00:20:41
23	Carel	Veldhuis	65	Loopservice NL	M40	2	00:20:43
24	Mathias	Temme	79	Brandlecht III	M20	11	00:20:44
25	Dennis	Dreiskämper	85	LC Nordhorn	M20	12	00:20:46
26	Florian	Dyhuis	85	Team Lebenshilfe	M20	13	00:20:46
27	Gerhard	Henke	55	SG Bad Bentheim	M50	3	00:20:58
28	Sven	Hörmann	84	Fitness Point Schüttorf	M20	14	00:20:59
29	Lesent	Acar	82		M20	15	00:21:02
30	Uwe	Tyman	58	GBS	M45	2	00:21:09
31	Steffen	Zwafink	89	AK 05 Wietmarschen	MJB	6	00:21:14
32	David	Heils	89	The unbelievable runners	MJB	7	00:21:17
33	Heinrich	Hoppen	90	CVJM-Veldhausen	MJB	8	00:21:17
34	Christian	Casum	85	GBS	M20	16	00:21:30
35	Pedro	Pen de Carvalho	84	A-Team	M20	17	00:21:37
36	Mario	Naujoks	89	Gymnasium Nordhorn	MJB	9	00:21:38
37	Bernd	Plescher	83	CVJM-Veldhausen	M20	18	00:21:43
38	Quim	Azevedo	64	A-Team	M40	3	00:21:43
39	Dennis	Jansen	88	CVJM-Veldhausen	MJB	10	00:21:46
40	Andre	Obernierhaus	88	AK05 Wietmarschen	MJB	11	00:21:48
41	Marc	Marquez	92	Run 4 Fun Nordhorn	MJB	12	00:21:58
42	Wilhelm	Kreismann	84		M20	19	00:22:02
43	Tobias	Dues	92	Waspo Nordhorn	MJB	13	00:22:06
44	Arno	Klokkers	71	Brandlecht III	M30	1	00:22:12
45	Maikel	Hemme	86	The unbelievable runners	MJA	1	00:22:12
46	Jörg	Schievink	76	Team Lebenshilfe	M20	20	00:22:13
47	Karsten	Gogsch	71	Stadtgracht 7	M30	2	00:22:17
48	Gerd	Bramer	85	GBS	M20	21	00:22:20
49	Ibo	Bakari	90	Gymnasium Nordhorn	MJB	14	00:22:20
50	Patric	Marquez	65	Run 4 Fun Nordhorn	M40	4	00:22:23

51	Sascha	Sloot	84	Dahlskamp Runners	M20	22	00:22:27
52	Alexander	Mikulla	86	Dahlskamp Runners	MJA	2	00:22:27
53	David	Karkoszka	84	A-Team	M20	23	00:22:29
54	Jan	Snyders	78	Team Lebenshilfe	M20	24	00:22:29
55	Ulrike	Elsbernd	74	Urenco Gronau	W30	1	00:22:29
56	Patrick	Klein	86	GBS	MJA	3	00:22:38
57	Oliver	Stiepel	80	Brandlecht III	M20	25	00:22:48
58	Holger	Rumpf	68	GBS	M35	4	00:22:51
59	Henk	Snyders	85		M20	26	00:22:53
60	Andre	Kaupel	71	Wietmarschen Dokterskam	M30	3	00:22:57
61	Jens	Alsmeier	80	Brandlecht III	M20	27	00:22:59
62	Georg	Kuschel	57	Urenco Gronau	M45	3	00:23:09
63	Steffen	Nünning	86	Vfl Ahaus	MJA	4	00:23:20
64	Eike	Witte	89	Gymnasium Nordhorn	MJB	15	00:23:22
65	Dieter	Joostberends	66	HSG Lucky Looser	M35	5	00:23:24
66	Michael	Wude	61	Urenco Gronau	M40	5	00:23:26
67	Denise	Kröner	90	Waspo Nordhorn	WJB	1	00:23:30
68	Jan Marten	Veddler	91	Gymnasium Nordhorn	MJB	16	00:23:32
69	Andre	Olthoff	69	Wietmarschen Dokterskam	M35	6	00:23:34
70	Martin	Staaks	63		M40	6	00:23:35
71	Arne	Hameltjen	84	Brandlecht III	M20	28	00:23:45
72	Tim	Schaffrina	93	Gymnasium Nordhorn	MJB	17	00:23:46
73	Martin	Paulsen	81	IN Joy	M20	29	00:23:47
74	Niklas	Bonte	91		MJB	18	00:23:51
75	Erhard	Kalverkamp	59	Team Lebenshilfe	M45	4	00:23:54
76	Julian	Creemer	89	SpVgg Brandlecht Hestrup	MJB	19	00:23:57
77	Mathias	Hermes	81	A-Team	M20	30	00:24:01
78	Sascha	Mikulla	84	Dahlskamp Runners	M20	31	00:24:04
79	Wolfgang	Werner	64	Urenco Gronau	M40	7	00:24:19
80	Sven	Höflich	72	GBS	M30	4	00:24:33
81	Günter	Bischof	65		M40	8	00:24:38
82	Christian	Ernst	88		MJB	20	00:24:42
83	Christopher	Hagels	89		MJB	21	00:24:53
84	Gerrit	Prenger	49	SpVgg Brandlecht Hestrup	M55	1	00:25:02
85	Steffen	Hillmer	93	Waspo Nordhorn	MJB	22	00:25:07
86	Mathias	Tebbeel	79	Brandlecht III	M20	32	00:25:21
87	Manfred	Bauland	51	Urenco Gronau	M50	4	00:25:24
88	Arno	Bavinck	65	Running Man	M40	9	00:25:31
89	Gerold	Wanning	59		M45	5	00:25:32
90	Eike-Christian	Heidotting	90	BSG Nordh. Krankenhäuser	MJB	23	00:25:32
91	Andreas	Stegemerten	66	Running Man	M35	7	00:25:33
92	Friedel	Krebs	61	Team Lebenshilfe	M40	10	00:25:35
93	Eckhard	Buchwald	85		M20	33	00:25:36
94	Ingo	Dues	91	SpVgg Brandlecht Hestrup	MJB	24	00:25:42
95	Benjamin	Wiethoff	90	Gymnasium Nordhorn	MJB	25	00:25:46
96	Heinrich	Schulte	69	SpVgg Brandlecht Hestrup	M35	8	00:25:48
97	Andreas	Krol	63		M40	11	00:25:48
98	Andreas	Pirling	65		M40	12	00:25:49
99	Stefan	Scheele	87		MJA	5	00:25:50
100	Dini	de Vries	89		WJB	2	00:25:50
101	Kaja	ter Horst	87	LC Nordhorn	WJA	1	00:25:50
102	Jens	Determann	80	WAS	M20	34	00:26:00
103	Klaus	ter Horst	58	LC Nordhorn	M45	6	00:26:00
104	Gertrud	Rosenski	41	TUS Gildehaus	W60	1	00:26:03
105	Rene	Kleefmann	94		MJB	26	00:26:04

106	Christoph	Wrobel	83	WAS	M20	35	00:26:18
107	Udo	Beermann	54		M50	5	00:26:31
108	Bernd	Steinbock	44	TUS Gildehaus	M60	1	00:26:32
109	Jana	Knüver	86	TV Sparta 87	WJA	2	00:26:35
110	Carmen	Koel	72	SpVgg Brandlecht Hestrup	W30	2	00:26:45
111	Holger	Speet	74	CVJM-Veldhausen	M30	5	00:26:50
112	Jens	Egbers	70	CVJM-Veldhausen	M35	9	00:26:55
113	Jan	Pötter	88	CVJM-Veldhausen	MJB	27	00:26:56
114	Kirsten	Konjer	66	Team Lebenshilfe	W35	1	00:26:56
115	Malte	Westerloh	85	GBS	M20	36	00:26:59
116	Andreas	Duscha	62	Wietmarschen Dokterskam	M40	13	00:27:04
117	Daniel	ten Voorde	88	A-Team	MJB	28	00:27:21
118	Rita	Lögers da Silva	67	TV Nordhorn	W35	2	00:27:26
119	Friedel	Lambers	67	TUS Neuenhaus	W35	3	00:27:31
120	Brigitte	ten Bosch	65	SpVgg Brandlecht Hestrup	W40	1	00:27:35
121	Jens	Hoppen	91	CVJM-Veldhausen	MJB	29	00:27:37
122	Tim	Baumeister	93	Waspo Nordhorn	MJB	30	00:27:37
123	Klaus	Baumeister	65	Waspo Nordhorn	M40	14	00:27:39
124	Gerwin	Keen	64	Wietmarschen Dokterskam	M40	15	00:27:39
125	Gertrud	Deters	69	TUS Neuenhaus	W35	4	00:27:47
126	Matthias	Rademaker	75		M30	6	00:27:50
127	Vitali	Steinborn	79	WAS	M20	37	00:27:55
128	Jörg	Baumann	68		M35	10	00:28:06
129	Uwe	Sloot	63	Dahlskamp Runners	M40	16	00:28:10
130	Johann	Volkers	55		M50	6	00:28:10
131	Friedrich	Busmann	53		M50	7	00:28:12
132	Astrid	Beckemper	69	SpVgg Brandlecht Hestrup	W35	5	00:28:32
133	Jan	Snyders	56		M45	7	00:28:34
134	Thomas	Feuerriegel	66		M35	11	00:28:40
135	Sabine	Pluyter	75	IG City Sponsorenlauf	W30	3	00:28:56
136	Karin	Buhr	66	Friedenssportler Hamm	W35	6	00:29:12
137	Gundula	Vos	61		W40	2	00:29:13
138	Annett	Wude	64	Urenco Gronau	W40	3	00:29:18
139	Karl	Böing	69		M35	12	00:29:28
140	Jutta	Lübben	62	LC Nordhorn	W40	4	00:29:37
141	Frank	Weusmann	71	Brandlecht III	M30	7	00:29:37
142	Bianca	Schönwälder	85		W20	1	00:29:48
143	Ulrike	Bormann	59	TSV Worpswede	W45	1	00:30:01
144	Bernd	Volkers	89		MJB	31	00:30:02
145	Steffi	Kriegisch	63		W40	5	00:30:09
146	Stefan	Haverland	63	Run 4 Fun Nordhorn	M40	17	00:30:19
147	Andrea	Sieper	86		WJA	3	00:30:34
148	Tanja	Restemeyer	69		W35	7	00:30:58
149	Marina	Stenneken	69		W35	8	00:30:59
150	Ilona	Poetter	89	Olympia Uelsen	WJB	3	00:31:03
151	Peter	Schacht	64	Dahlskamp Runners	M40	18	00:31:15
152	Gertrud	Berning	53	Kilometerfresser	W50	1	00:31:17
153	Kristian	Herms	96		MJB	32	00:31:19
154	Rainer	Herms	60		M45	8	00:31:21
155	Ilka	Zielmann	90	Olympia Ülsen	WJB	4	00:31:21
156	Anne	Heskamp	77	WAS	W20	2	00:31:46
157	Elke	Kischke	66	SpVgg Brandlecht Hestrup	W35	9	00:31:47
158	Judith	Holboer	74	Brandlecht III	W30	4	00:31:48
159	Onno	Linschmann	95		MJB	33	00:32:02
160	Tamara	Hüer	73	Brandlecht III	W30	5	00:32:10

161	Rainer	Kötting	60	Team Lebenshilfe	M45	9	00:32:14
162	Michael	Schütte	65	Dahlskamp Runners	M40	19	00:32:43
163	Sabine	Tenfelde	67		W35	10	00:32:57
164	Ursula	Duscha	63	Wietmarschen Dokterskam	W40	6	00:33:21
165	Marion	Linschmann	68		W35	11	00:35:21
166	Max	Linschmann	93		MJB	34	00:35:21
167	Ralf	Witte	59		M45	10	00:38:44
168	Nina	Faber	80	Nino Sport	W20	3	00:38:45